

**Marshal/ Lifeguard:** Is a designated person(s) who's Primary function is to supervise, and enforce all rules and regulation govern by 1) U.S.A. Swimming, 2) Local Swim Committee (LSC), 3) Facility.

**GENERAL RULES:**

- i. Athlete(s) need to be accompanied, and supervised by a Certified Coach during all practices, warm up/down sessions.
- ii. Coaches and athletes are required to abide by all governing Rules and Regulations throughout the duration of the meet / practice session(s).
- iii. Coaches are ask to assisted the Marshals / Lifeguards by enforcing all facility rule and regulation throughout the duration of the meet / practice session (s).

## **DUTIES AND RESPONSIBILITIES:**

### **USA Swimming rulebook:**

*102.18 MARSHALS- Shall wear identifying attire and enforce warm-up procedures and maintain order in the swimming venue. The marshal shall have full authority to warn or order to cease and desist, and, with the concurrence of the Referee, to remove, or have removed from the swimming venue anyone behaving in an unsafe manner or using profane or abusive language, or whose actions are disrupting the orderly conduct of the meet.*

### **Responsibilities of Marshals include:**

Marshals should arrive at the swim venue at least fifteen (15) minutes prior to the beginning of warm-ups. They should check in with the referee to receive instructions, i.e. where they will be positioned, special safety concerns for the meet, etc. The head marshal should have a whistle. Marshals should be easily identifiable by a distinctive article of attire. (Hat, jacket, vest, etc.) Warm-down areas must be marshaled throughout the meet. Marshals must not leave the area until coverage is provided or until excused by the referee.

### **Marshals duties include:**

Making sure that swimmers behave in a safe manner. (No running, abusive behavior, etc.) During general warm-ups, make sure that swimmers enter the water feet first from the starting end only and ease into the water. Swimmers should **NOT** be entering from the opposite end or sides of the pool during warm-ups. **ABSOLUTELY NO DIVING!!!!** Be alert to dangerously overcrowded warm-ups and alert the meet referee or manager. Notify the coach of any swimmer who is behaving/acting in an unsafe manner. Use appropriate language. **NO POWER TRIPS, PLEASE.** Make sure lanes are cleared before sprint lanes begin. Your role is to help maintain a safe environment. **Please, Pay Attention!**